

Do Great Things for God

# Free Resources Pack



Helen Roseveare was a missionary doctor in central Africa. On the day of her eighth birthday, Helen sat in Sunday school cutting and sticking pictures of faraway countries and, in her heart, made a decision: "When I grow up, I will travel the world and tell other boys and girls about Jesus."

Follow her life story from medical student to missionary doctor in the heart of Africa. You'll learn all about the ups and downs she experienced, including being held as a prisoner for many months, and you'll discover how her faith kept her going.

This Freebie Pack Includes:

- Worksheet for 4-7s
- Worksheet for 7-11s
- Family Project: Congo
- Psalm 46 v 10 Print

4-7s

All About

# Helen Roseveare



By: \_\_\_\_\_



## My Drawing of Helen Roseveare



Where did Helen go to school?

\_\_\_\_\_  
\_\_\_\_\_

When was Helen born?

\_\_\_\_\_

How old was Helen when she decided to be a missionary?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## What Did Helen Do When...

She was worried at university

She went to Congo

She needed a water bottle

She got freed from prison

Circle the Answer

Saw a Bible verse on the wall **OR** Kept worrying

Made balloon animals **OR** Helped as a doctor

Prayed with Ruth **OR** Made her own water bottle

Went to a new country **OR** Went back to Congo



**What Are 8 Things You Liked about Helen's Story?**

1.

2.

3.

4.

5.

6.



7.

8.

**A  
B C**

**Remember this Verse Helen Loved**

**"Be still, and know  
that I am God."**

**Psalm 46 v 10**

Can you say it all by yourself?

**Family Activity: Pack a "doctor bag", including some items  
you might need if you were a missionary doctor!**



Biography Report for

# Helen Roseveare

By: \_\_\_\_\_

My favorite thing about Helen:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Person from the Bible Helen reminds me of:

\_\_\_\_\_  
\_\_\_\_\_

A question I would ask Helen:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Three words I would use to describe Helen:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Remember this Verse Helen Loved**

"Be \_\_\_\_\_, and \_\_\_\_\_ that  
\_\_\_\_\_ am \_\_\_\_\_."

Psalm 46 v 10

Can you say it 5 times without looking? ■

• PASSPORT •

Helen Roseveare

Year of Birth:

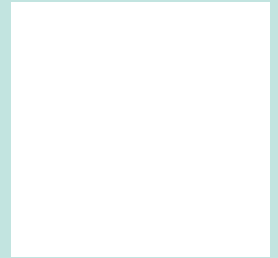
\_\_\_\_\_

Hometown:

\_\_\_\_\_

Job Title:

\_\_\_\_\_



(Draw a Portrait)

**Search Online to Find:**

Ask an adult about doing this together!

What books did Helen write?

\_\_\_\_\_  
\_\_\_\_\_

What was the name of the hospital Helen worked at?

\_\_\_\_\_

What kinds of work does Worldwide Evangelisation for Christ do today?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



# Family Project: Congo

Helen Roseveare became a missionary to Congo\* in 1953 when she was 28 years old. As you learn about the people of Congo, take time to pray for the Christians there and the people who don't yet know about Jesus! Read and discuss Matthew 28 v 16–20 and Revelation 7 v 9–11 together to learn about God's heart for all peoples.

## Day 1: Overview

- Locate Congo on a globe or map.
- How many people live in Congo?

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- Look up pictures of Congo.

## Day 2: Food

- What is a typical meal in Congo?

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- What sort of meals might Helen have eaten in Congo?

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- What are some popular snacks?

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- If you can, make a Congolese meal together.

\*This region has sometimes been one country, and other times two. It has had many different names. To keep it simple, we call the region Helen served in "Congo."

### Day 3: Culture

- What are some of the holidays celebrated in Congo?

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- Read an overview of the history of Congo.
- What makes up traditional Congolese clothing?

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### Day 4: Toys & Games

- What sort of toys are popular in Congo?

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- What games do children in Congo like to play?

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- What is school like in Congo?

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### Day 5: Religion & Missions

- What are the primary religions in Congo?

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- How many Christians are in Congo?

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- Are there any unreached people groups in Congo?

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- What are church services like in Congo?

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"BE  
STILL  
&  
KNOW  
THAT I  
AM GOD."

PSALM 46 v 10